

# INVITATION

# Chronic Migraine International Expert Meeting



**Allergan**  
MEDICAL INSTITUTE®

Friday 1 – Saturday 2 March 2019

Hilton Prague, Czech Republic

## MISSION: ~~IMPOSSIBLE~~

*A collaboration of healthcare professionals and Allergan Medical Institute working to improve the lives of those touched by chronic migraine (CM)*

**Your mission, should you choose to accept it, is to join us at the Allergan Chronic Migraine International Expert Meeting and delve into:**

- The latest migraine anatomy discoveries
- Clinical implications of cutting-edge research
- Emerging technologies to support the patient from clinic to home

Missions have been individually designed to provide the best learning experience for specialist topics. Choose your journey by selecting the most interesting missions for you.

**Each mission has been specifically developed to focus on one of three key themes, as indicated by the icons throughout.**



**High science**



**Enhancing patient management**



**Optimising clinical practice**

### Confirmed faculty









Messoud Ashina, Denmark  
Andrew Blumenfeld, USA  
Mitchell Brin, USA  
Rami Burstein, USA  
Astrid Gendolla, Germany  
Mona Ghadiri-Sani, UK  
Peter Goadsby, UK  
Jana-Isabel Huhn, Germany  
Susie Lagrata, UK  
Richard Lipton, USA  
Paolo Martelletti, Italy  
Manjit Matharu, UK  
Andrea Negro, Italy  
Patricia Pozo Rosich, Spain  
Uwe Reuter, Germany  
Simona Sacco, Italy  
Laura Schulte, Germany  
Stephen Silberstein, USA  
Cristina Tassorelli, Italy  
Shuu-Jiun Wang, Taiwan

**Meeting organised and funded by Allergan**

INT/0552/2018b | Date of preparation: November 2018



# Friday 1 March 2019









Time	Session
09:00–09:30	<b>Welcome</b>
09:30–11:30	<b>Plenary: One step closer to our goals – new insights in CM</b> <ul style="list-style-type: none"> <li>• New insights into non-headache phases of migraine, including the pre-ictal, post-ictal and interictal phases</li> <li>• Panel discussion with audience questions</li> </ul>
10:20–10:50	<b>Break</b> <ul style="list-style-type: none"> <li>• Migraine mechanism revelations through neuroimaging, presenting new research into brain changes over the migraine cycle</li> <li>• Neuropeptide targets and mechanisms</li> </ul>
11:30–13:15	<b>Missions: in-depth sessions</b>
	<div style="display: flex; justify-content: space-between;"> <div style="width: 23%;"> <p><b>1: Understanding comparative effectiveness</b></p>  <ul style="list-style-type: none"> <li>• Gain insight on how trials should be designed to show efficacy of treatment</li> <li>• Topics will include recent research into head-to-head data and think-tanks on how to set up future trials</li> </ul> </div> <div style="width: 23%;"> <p><b>2: Exploring potential diagnostic and therapeutic biomarkers in migraine</b></p>  <ul style="list-style-type: none"> <li>• Gain insight on the current evidence for potential biological markers associated with migraine</li> <li>• Discussion on their use to advance diagnostic precision and measure of therapeutic efficacy</li> <li>• Discussion on biomarkers role in the future of precision medicine</li> </ul> </div> <div style="width: 23%;"> <p><b>3: Virtual anatomy</b></p>  <ul style="list-style-type: none"> <li>• Gain in-depth knowledge of the anatomy of CM and BOTOX® (botulinum toxin type A) treatment</li> <li>• The individual layers of skin, nerves, muscle, skull and brain and new anatomical findings will be presented using the latest immersive presentation technology</li> </ul> </div> <div style="width: 23%;"> <p><b>4: Strategies for optimising clinic efficiency</b></p>  <ul style="list-style-type: none"> <li>• Understand the key attributes of a streamlined BOTOX® clinic</li> <li>• This session will focus on identifying common problems in clinics and overcoming barriers to efficiency with practical solutions, as well as improving patient consultations and the doctor–patient alliance</li> </ul> </div> </div>
13:15–14:15	<b>Lunch</b>
14:15–15:15	<b>Plenary: Five advancements in fifty minutes</b> Debating how diagnosis and management of CM has changed over the years, e.g. recognition of the burden of migraine, the huge leaps in imaging and understanding of pathophysiology, treatment options, understanding of comorbidities, and improvements in the patient journey
15:15–15:45	<b>Break</b>
15:45–17:30	<b>Missions: in-depth sessions</b> (Missions from the morning will be repeated)
	<div style="display: flex; justify-content: space-between;"> <div style="width: 23%;"> <p><b>1: Understanding comparative effectiveness</b></p>  </div> <div style="width: 23%;"> <p><b>2: Exploring potential diagnostic and therapeutic biomarkers in migraine</b></p>  </div> <div style="width: 23%;"> <p><b>3: Virtual anatomy</b></p>  </div> <div style="width: 23%;"> <p><b>4: Strategies for optimising clinic efficiency</b></p>  </div> </div>

Choose one mission

Choose one mission



# Saturday 2 March 2019

Time	Session
09:00–10:15	<b>Plenary: Translating experimental data to the clinic</b> <ul style="list-style-type: none"> <li>• Mechanistic action in CGRP mABs and BOTOX®</li> <li>• Recent pre-clinical data: what does it tell us?</li> <li>• Unravelling the story between A<math>\delta</math>- and C-type meningeal nociceptors in migraine</li> </ul>
10:15–10:45	Break
10:45–12:15	<b>Missions: in-depth sessions</b>
	<div style="display: flex; justify-content: space-between;"> <div style="width: 24%;"> <p><b>1: Treating all CM patients: complex grand rounds</b></p>  <ul style="list-style-type: none"> <li>• Gain an understanding of treatment resistance in CM</li> <li>• Debate and collaborate to explore how to treat               <ul style="list-style-type: none"> <li>- Medication overuse headache</li> <li>- Treatment resistance</li> <li>- When to stop treatment in CM</li> </ul> </li> </ul> </div> <div style="width: 24%;"> <p><b>2: Achieve better treatment outcomes through 360° patient care</b></p>  <ul style="list-style-type: none"> <li>• Explore the value of treating patients holistically for better patient outcomes</li> <li>• Review the full spectrum of CM comorbidities (e.g. sleep issues, anxiety, depression, pain)</li> </ul> </div> <div style="width: 24%;"> <p><b>3: Virtual anatomy</b></p>  <ul style="list-style-type: none"> <li>• Gain in-depth knowledge of the anatomy of CM and BOTOX® treatment</li> <li>• The individual layers of skin, nerves, muscle, skull and brain and new anatomical findings will be presented using the latest immersive presentation technology</li> </ul> </div> <div style="width: 24%;"> <p><b>4: The use of technology in patient care</b></p>  <ul style="list-style-type: none"> <li>• Explore the use of technology along the entire patient pathway, including patient companion apps, and metrics, such as biomarkers, which could be monitored to predict and manage migraine attacks</li> <li>• The session includes a look at the future of complementary treatments and technology</li> </ul> </div> </div>
12:15–13:00	Lunch
13:00–14:30	<b>Missions: in-depth sessions</b> (Missions from the morning will be repeated)
	<div style="display: flex; justify-content: space-between;"> <div style="width: 24%;"> <p><b>1: Treating all CM patients: complex grand rounds</b></p>  </div> <div style="width: 24%;"> <p><b>2: Achieve better treatment outcomes through 360° patient care</b></p>  </div> <div style="width: 24%;"> <p><b>3: Virtual anatomy</b></p>  </div> <div style="width: 24%;"> <p><b>4: The use of technology in patient care</b></p>  </div> </div>
14:30–15:15	<b>Working toward migraine freedom: is this a MISSION POSSIBLE?</b> <ul style="list-style-type: none"> <li>• Insights on how new advancements in technology, treatment options and greater understanding of pathophysiology may change treatment goals in migraine</li> <li>• Discussion on when we will be able to aim for Migraine Freedom for patients</li> </ul>

Choose one mission

Choose one mission

INSERT LOCAL PI HERE

**Adverse events should be reported to your local regulatory authority and Allergan office.**